April 2009 www.astribe.com Vol. 20. No.4

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Services Available

The Offices of the

- · Absentee Shawnee Tribe
- Little Axe Resource Center
- · Little Axe Clinic
- AS Housing Authority
- Shawnee Pharmacy

will be closed on May 25th Memorial Day

Official Results of 2009 Primary Election

OFFICIAL RESULTS OF MARCH 21, 2009 PRIMARY ELECTION:

This is to announce the **Official** results of the March 21, 2009 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant to the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITEE:

GOVERNOR SECRETARY

Scott Miller 128 Votes Michelle Lopez 1 Vote (Unopposed)
George Blanchard 85 Votes

Anthony David Johnson 34 Votes Betty Mahardy Watson 64 Votes

Scott Miller and George Blanchard advances to the Run Off Election to be held on June 20, 2009.

ELECTION COMMISSION:

Deputy Commissioner: Augustine Johnson 1 Vote (Unopposed)
Commission Member #1: Shirley Adkins 1 Vote (Unopposed)

The Absentee Ballot request form will be included in the April and May issue. All requests must be returned to the Election Commission by the deadline May 31, 2009. All eligible voters are entitled to vote, either at the Polls or by Absentee Ballot.

Here is a sample of the Ballot for the Run Off Election on June 20, 2009. The Absentee Ballot request form is available on page 15 and the deadline is May 31, 2009. Must be in Election Commission office by deadline.

NOTICE COMMUNITY MEETING

LITTLE AXE RESOURCE CENTER

MAY 30, 2009 10:00 A.M. LITTLE AXE RESOURCE CENTER

DISCUSSION: IRR (INDIAN RESERVATION ROAD) STIMULUS FUNDS. WHERE THE FUNDING WILL BE USED?

Happy Mother's Day ~ May 10th

BALLOT

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA RUN OFF ELECTION - SATURDAY JUNE 20, 2009

<u>VOTING INSTRUCTIONS:</u> Cast your vote by placing a [X] or [V] mark in the box next to the candidate of your choice for each office.

EXECUTIVE COMMITTEE

GOVERNOR

To Approve General Council, AST -GC-2009-01, the Salary Ordinance an hereby approving and establishing the base salary and compensation policy for the Executive Committee.



Scott Miller Governor



Dan Little Axe Sr. Lt. Governor



Michelle Lopez Secretary



Anita Chisholm Treasurer



Alecia Onzahwah Representative

April 2009

Governor Miller's Report

Ho! Hi gi ke ya fi ho wa se li si mi mo?

I hope all is well with you and your families as this month's edition of the Absentee Shawnee News reaches you. I am looking forward to the 63rd Semi-Annual General Council coming up on April 4th. There have been many positive things to happen for the tribe and I will be touching on those in my address to General Council.

At the end of February, Representative Onzahwah, staff, and I were in Washington D.C. to attending meetings of the National Congress of American Indians, Indian Health Service 2011 Budget work session, and with Senator Tom Coburn and Representative Tom Cole. All meetings were very informative with much anticipation of President Obama's Administration working with Indian Country and addressing issue left from the Bush Administration.

The NCAI Winter Session had an agenda of topics from Economic Stimulus for Indian Country, Carciari vs. Salazar (Narragansett land into trust case). to Secretaries from President Obama's Cabi-



net addressing tribal leaders. It was noted this was the first time that so many Cabinet Secretaries, who have programs within Indian Country, were available at one time. Those Secretaries include Secretary of Energy Steven Chu, Secretary of Housing and Urban Development Shaun Donovan, Secretary of Homeland Security Janet Napolitano, Secretary of the Interior Ken Salazar, Secretary of Agriculture Tom Vilsack, Environmental Protection Agency Administrator Lisa Jackson, and White House Director of Intergovernmental Affairs Cecilia Munoz.

Secretary Chu is committed to working with tribes and will prove his commitment by empowering a tribal office in the energy department and hold a summit on issues that touch Indian Country. He feels that it is important to hear concerns from tribal leaders and that Indian Country should

have a seat at the table in the policy making process.

Secretary Napolitano understands the importance of tribal consultation before making decisions. The Secretary is the former Governor of the State of Arizona and has worked with the tribes in Arizona on several fronts. Secretary Napolitano will be inviting input from tribes who have been hit by natural disasters and tribes along the U.S. borders.

Ken Salazar, Secretary of the Interior, spoke about assisting tribes in harnessing the power of the sun and wind or look at geothermal resources for economic development. Secretary Salazar would like to see Native Communities participants and beneficiaries of the new virtual energy revolution and make sure Indian Country is not left behind.

Salazar also spoke about education and public safety being priorities for his department. He stated there are high education challenges in Indian Country and we must do the best we can to make sure our children don't get left behind.

Secretary Salazar also commented that he is committed to resolving the trust reform settlement. This issue is not an easy one to resolve, Salazar feels the responsibility is rooted in the constitution and the principles of government to government relationships. He intends to do everything he can to uphold those responsibilities.

A very hot topic Secretary Salazar addressed was the Carcieri v. Salazar case. The Carcieri case is a U.S. Supreme Court case where the Narragansett Tribe in Rhode Island attempted to place land into trust, but is unable to do so because the Narragansett Tribe was not federally recognized under the 1934 Indian Reorganization Act. Secretary Salazar called the decision ambiguous and will examine options in the department as well as congressional fixes to the case.

After hearing Secretary Salazar's comments on the Carcieri case and the examination of options and fixes, it has become my goal and intent to get Mr. Salazar to examine the options and fixes for the Absentee Shawnee Tribe in relation to the Collier case. For too long the door has been closed in addressing this case, the opportunity has arisen to address this issue and hopefully a resolution.

On Wednesday March 4th, the 2011 IHS budget formulation work session began with a tribal caucus where area representative discuss how the session will proceed and if there are any issues that need to be addressed during the work session, then area presentations began. The presentations included statistics and information about the areas and are used to determine health priority line items

and funding request amounts to forward to the next level.

Day two of the work session provides for IHS officials and other agency officials to report information to the work group, which can help during the budget formulation. Opportunity is given to the representatives for questions and discussion on the information given and gives insight to if health priorities are met.

I have been the Oklahoma City Area alternate representative to Chickasaw Nation Lt. Governor Jefferson Keel for two years and had the honor and privilege of giving the Oklahoma City Area presentation both years. The work session can give an interesting perspective on how other tribes view Oklahoma tribes and our health priorities.

Representative Onzahwah, I and other tribal leaders from Oklahoma had the good fortune of meeting with Senator Tom Coburn and Representative Tom Cole to talk about issues tribes are facing. One issue that was discussed was the process in which the Bureau of Indian Affairs conducts its budget formulation process for the upcoming fiscal years. It is a process where tribes are asked to submit their individual priorities to the BIA without any dollar amount information and a consensus of the priorities will be gathered.

Senator Coburn expressed that the BIA as a whole

needed to be revamped so there would be less issues and more working with the tribes. However, he stated that tribes should help come up with a solution to revamping the BIA. Senator Coburn also stated



Governor Scott Miller with Governor Darryl Flyingman, Cheyenne and Arapaho Tribes of Oklahoma; Representative Tom Cole; and Kerry Holton, President of the Western Delaware Tribe of Oklahoma; after a meeting in Senator Tom Coburn's office, in Washington D.C.

that he would like to revamp Indian Health Service to where there is a universal card for all tribal citizens to use anywhere in the private sector. I asked the question of how would the universal card system effect tribes who operate clinic facilities and hospitals with IHS funding and the answer was it wouldn't. Fortunately this is a concept and not proposed legislation because it appears to be a way to lessen the trust responsibility of the federal government.

There were other issues discussed, but the last issue discussed was one of major importance to the Absentee Shawnee Tribe. I brought up the issue of the Collier case to Representative Cole and how the case inhibits us from placing lands into trust, which has been a negative impact on the tribe. Representative Cole was not familiar with the case, however was interested in learning more about it. The intent of bring up this very important issue was to get the attention of one of our congressional delegates and work on a solution for the future.

Overall these meetings were very informative and gave opportunity to learn about issues first hand. We, as a tribe, are now in a position to not only address issues locally,

but on a national level as well. I am confident we are moving forward in the right direction.

Ne yi wa! Si li no ke ka no la!

Treasurer's April Newsletter

Thank you each for voting in the March Election of 09. Please interview both candidates for Governorship and choose who you feel will better serve the Tribal people and who can/will work with the current E.C. in a productive manner.

The Treasurer's Department continues to work and provide the best service to the Tribal citizens that we can. See the reports that the Treasurer's office has oversight of (Human Resource, Procurement, MIS and Finance). We have some outstanding individuals in all these departments.

I think the big news for all the Tribal citizens is that we the E.C. and the employees of AST turned our budget deficit in the General Fund from July to now into a surplus of approximately \$56,000 FY 08 for the Tribe. This is really a miracle. I still feel stunned by this good news. Thank you E.C. and thank you all AST employees. We really appreciate all your hard work, your good attitude and your cooperation in cutting back on expenditures. Tribal citizens you can be assured that the current E.C. And the AST employees will continue to work on keeping our General Fund under control. All our current grants/contracts are in line with their expenditures and their reporting.

The auditors are on the AST campus now and should have our FY 08 audit completed by this summer if not sooner. You are aware that we finished FY 07 in a timely way and that gave us the ability to complete our Indirect Cost proposal for FY 08 and FY 09. These audits must be completed in a timely way because it can affect the financial operation of the Tribe.

You'll see that the salary committee will be making their recommendations for the referendum vote in June. I do hope you will take the recommendations and vote YES to make this change. This has been an issue for some time and it is time we clear the air and move forward. These salaries are still lower than other Tribes but I do think it is a fair start. You'll see that the General Council will have the authority to vote on raising salaries for the E.C. in the future. This will help the General Council to hold the E.C.'s "feet to the fire" so to speak. I don't mind that at all because I want to do the best job possible for the AS Tribe. I want the General Council to evaluate my performance as I go down this road of an elected official. I am responsible to you the Tribal citizens and I will always try and make the best decisions possible.

We are making progress on the Constitutional Review Committee (see Briana's report). I love to invite all Tribal members who are so inclined to join us on this committee. The E.C. met with the BIA recently and was told that the final approval from the BIA will come from the regional office and not from the BIA office in D.C. They also encourage the committee to work hand in hand with the BIA as we developed each section. I think this will help communication between the Tribe and the BIA. I hope this means we can get things done faster. Of course, we'll have to have the General Council approve the final Constitution before we go any place. I mention this because our AST Constitution is in need of being revised in some areas. We have a "REAL"

good chance of having a revised AST Constitution completed ready for your approval within the year (I HOPE). Thank you Constitutional review people.

Secretary's April Newsletter

Hello, Tribal Citizens,

First I would like to thank every tribal member for coming out to vote and for voicing their opinions on the election.

We the Executive committee have been meeting on several topics that have major concern for our tribe. We are meeting each week on strategic planning, stimulus packages, and in starting a self-governance office, along with many other day to day issues. We are currently looking at all the stimulus monies that the government is handing out and meeting with our grant writer to let him know which ones would benefit the tribe the most at this time. We currently put in for a grant to help start a new planning department so they may help with the grants we decide to go for and to help coordinate with the department heads to get these grants in before the deadlines.

We traveled to Anadarko to meet with Mr. Deerinwater and was a little disappointed to find out that something had come up, he had a more important issue he had to deal with and so we met with Mr. Bruner. We didn't get much accomplished like we wanted to but he was very helpful in some of the questions we had on revising the constitution. We are still hoping to meet with Mr. Deerinwater and maybe get a chance to get our questions answered. We will continue to work for you as elected officials and continue to look for the best way we can help you as tribal members.

I continue to push the maintenance department to get the resale shop ready for business and I am hoping to have it open soon. Please if you have any type of donations for this shop please feel free to call me or Wynona in the Secretary's office.

Representative's April Newsletter

Tribal Citizens,

The pace has definitely picked up and the past few months have been extremely busy. Now that we have resolved some of the more critical inner issues, we have been able to focus on matters that concern us as a tribe on both statewide and national levels. I assure you that we are still working to complete some of the initiatives that have been mentioned in previous articles.

During the month of March, we have been working on the following:

The Governor, Lesa Byford, Clarice Murdock and I, attended the NCAI Legislative Summit in Washington D.C. on March 2-4th. We also attended the I.H.S. Budget Formulation meeting on March 5-6. Governor Miller and I were fortunate enough to be able accompany the Delaware President, Kerry Holton and Cheyenne Arapaho Chairman Darryl Flyingman on a visit with Congressman Tom Cole and Representative Coburn. Both Governor Miller and I were able to express various areas of concern in relation to our tribe. Additionally we attended a tribal leader's summit with the Senate Committee on Indian Affairs. Please see Governor Miller's report for more in-depth details.

During the week of March 9-5th I, along with Lt Governor Little Axe, attended RES2009 in Las Vegas, Nevada. RES2009 is a Reservation Economic Summit that is aimed

at highlighting and promoting Native American individually and tribally owned businesses throughout Indian Country. It is a great opportunity for tribes and individual business owners to network. The theme of this year's RES was based on a nationwide trend in promoting Native to Native commerce.

One of the sponsors of this year's RES2009 was the Seminole Tribe of Florida. The Seminole Tribe of Florida has taken on the mission of bringing Native business together by funding an entity called The Native American Group. This organization is working towards creating a directory of Indian-owned business so that other Indian-owned businesses across the nation will have a centralized way to purchase from each other rather than from non-Indian owned businesses. The concept of Native to Native commerce is one that I personally firmly believe in. It is time that we Indian people across this nation pattern ourselves after other communities by supporting each other. The longer the Native American dollar stays in Indian Country, the better. The Absentee Shawnee Tribe is now a member of this important network as we are being added to the directory.

Another important step we have taken is the passing of a new code of law called the Absentee Shawnee Tribe Tribal Employment Rights Ordinance (TERO). This law allows the Absentee Shawnee Tribe to implement Indian Preference in Hiring on all construction contracts that the tribe initiates. Contractors will be required to hire from a job skills data bank that is being created which will list Native Americans and their job skills of those who live in the Potawatomi and Cleveland counties for purposes of referral for various jobs created by these construction contracts. This allows both training and employment opportunities for our tribal members.

Another component to this law is the TERO fee. Contractors will also be required to pay a TERO fee which is 2% of the total construction contract amount. These funds will then be placed back into the TERO program allowing us to provide support services in the form of fuel assistance for new employment as well as the purchase of work related items and even some tuition assistance for those attending technical training programs.

Within this law we have also adopted a Tribal Prevailing Wage Scale that will be used rather than the Davis Beacon wage scale. As a sovereign nation, it is the tribe's prerogative to adopt such a wage scale that is both reasonable and fair so as not to cause any concern in increases in the contract amount.

We will also be recruiting Native American owned businesses to add to a Native American owned data bank for purposes of promoting Indian Preference in contracting. This will allow Native American owned contractors and subcontractors the opportunity for preference in the tribes construction projects.

In the past few months there have been several issues that have come up that tribes must be aware of and I would like to take this opportunity to share this with you. Knowledge is power and it is imperative that we keep you informed of these areas of concern:

BIA Funding Issues: First, in former President, George Bush's Presidential budget, the funding for welfare assistance was not included. This directly has the potential to impact the funding of tribal General Assistance and Direct Employment. We are hopeful that new president Obama will address this issue and that the funding will be placed back into welfare assistance. We are unsure of when this may

occur but we will be watching closely and keep our tribal citizens informed.

Secondly, as reported in last month's article I was able to attend not only the Self Governance Coalition meeting but also the BIA Budget Formulation meeting. In the BIA Budget Formulation meeting tribes were informed that we are to pick a budget priority. The challenge in doing this is that we are not clearly aware of what the funding levels are for the priority areas. We were told to choose from Education, Public Safety (Police and Courts), Economic Development, Roads, and Social Services.

Without knowing the estimated funding levels it is difficult for tribes to make an informed decision. It is comparable to playing the shell game in which one must pick a shell hoping to pick the one with the pea. If we chose a budget priority item without knowing which one is getting the additional funding, we may chose a priority that may not even get more funding. During a recent meeting in which the entire Executive Committee met with the Southern Plains Regional Office to address this issue, we were told the best way was to look at the previous year's funding levels. The deadline for choosing our priority level came quickly. The priority level we chose as the AST's priority was for Public Safety. It is our hopes that should additional funding become available, we can use it to strengthen our judicial system. The tribal judicial system is the heart of tribal sovereignty.

The BIA funding priority process was one of the issues of concern that we were able to share with Congressman Cole and Representative Coburn.

English Only Legislation: Secondly, there have been several attempts within the Oklahoma legislative body to pass an English Only bill that would make English the official language of this state. Back in November of 2008, I presented a resolution which the Executive Committee unanimously passed declaring the Shawnee language as the official language of the Absentee Shawnee Tribe. This is a proactive measure that has been taken to protect us from any future direct or indirect influence the English only measure may have affecting the preservation of our language.

The English Only legislation has a more far-reaching consequence than what is realized by most. I have been recently informed of a national move to begin legislation that would make English-Only the law of this country. There is an organization that is promoting English Only. Should a majority of the states pass English Only, the move for this national English Only law would be easier to obtain. The potential danger of such a law is that it would create a possibility for funds that were allocated to preserve native languages to instead go toward implementing English Only. In terms of Native American language preservation, the funds are already scarce. To have these types of monies reallocated to other areas would be detrimental. We must always keep in mind that tribal language is a key component to the uniqueness of individual tribes and it is that uniqueness along with tribal culture that has allowed tribes to be federally recognized. Once the language is gone, federal recognition could be in jeopardy one day.

The Executive Committee will be releasing an official Letter of English Only Opposition very soon. This letter will be going out to state legislators as well as to other tribes. We hope that this letter will serve as encouragement to our fellow Oklahoma tribes to be proactive on this issue.

Recently, the English as the Official Language Bill went up for vote in the Oklahoma House of Representatives Fifty Second Legislature First Regular Session. Please re-

view the roll call and note the State Representatives that courageously opposed this outrageous bill and those that supported it.

We have sent a letter of appreciation to those that publicly and fervently debated this piece of legislation on behalf of the Indians of Oklahoma.

Carcieri vs. Salazar: On February 24th, 2009, a ruling was made by the U.S. Supreme Court in what is known as the Carcieri vs. Salazar case. The Supreme Court had the task of determining how to interpret the definition of Indian in what is known as the Indian Reorganization Act of 1934. The act also known as the IRA defines Indian to include "all persons of Indian descent who are members of any federally recognized Indian tribe now under Federal jurisdiction, and all persons who are descendants of such members who were, on June 1, 1934, residing within the present boundaries of any Indian reservation, and... all persons of one-half or more Indian blood."

This case involves the Narragansett tribe of Rhode Island. The Narragansett tribe was placed under formal guardianship of the Rhode Island colony in 1709 and then in 1937 was considered to be under the jurisdiction of the New England states. It wasn't until 1983 that the Narragansett tribe finally received federal recognition upon which its land was taken into trust. After a land purchase in the 1990's, the Secretary of Interior placed the land purchased into trust. The state of Rhode Island appealed this decision to the federal courts and in this appeal, the U.S. Supreme Court determined that the word "now" in relation to the IRA restricted the term Indians to those recognized before 1934.

While this decision may have an immediate effect on the Absentee Shawnee Tribe of Oklahoma, the negative potential impacts to other tribes recognized after 1934 still exist. As a part of Indian Country, it is still crucial that Oklahoma tribes support the Narragansett's as it will take a congressional act to reverse this ludicrous decision that is based on the word "now". What effects one tribe always has the potential to impact other tribes across this nation.

With this in mind, the Executive Committee is contacting our Congressmen to express our concern and support of the Narragansett tribe and we will be encouraging other Oklahoma tribes to do the same.

In late February, the Absentee Shawnee Tribe held a meeting, inviting other Oklahoma tribal leadership to discuss these and other issues that are circulating in Indian Country. We were asked by the other attending tribes to continue this initiative as we have recognized the need to unify in order to strengthen our voice.

Thank you for taking the time to read this article. I wish you all well.



Cont. from the Representatives report.

Oklahoma House of Representatives Fifty-Second Legislature First Regular Session

House Joint Res 1042 Constitutional amendment; designating English as the official language

YEAS: 66

NAYS: 32

EXC: 2 C/P: 1

YEAS: 66

Armes	Hamilton	McMullen	Schwartz
Banz	Hickman	McNiel	Sears
Blackwell	Holland	Miller	Shannon
Brannon	Inman	Morrissette	Shoemake
Christian	Jackson	Murphy	Steele
Coody	Johnson	Nelson	Terrill
Cooksey	Jones	Ortega	Thompson
Cox	Jordan	Osborn	Thomsen
Dank	Joyner	Ownbey	Tibbs
Denney	Kern	Peters	Trebilcock
Derby	Key	Peterson	Walker
Dewitt	Lamons	Proctor	Watson
Dorman	Liebmann	Pruett	Wright, H
Duncan	Martin, SC	Reynolds	Wright, J
Enns	Martin, St.	Richardson	Mr. Speaker
Faught	McCullough	Ritze	
Fields	McDaniel, R	Sanders	

NAYS: 32

Roan Auffett Glenn Luttrell Bailey Harrison McAffrey Rousselot Hilliard McDaniel Scott Billy McPeak Shelton Brown Hoskin Morgan Sherrer Buck Jett Nations Smithson Cannaday Kesel Pittman Sullivan Carev Kirby Collins Kouplen Renegar Williams

EXCUSED: 2

Moore Shumate

Constitutional Privilege: 1

Wesselhoft

Marlene Stoliby 11/2/1940 ~ 4/18/2009



Marlene left this earth to be with her heavenly Father on April 18, 2009 having fulfilled her destiny. Marlene was surrounded by the ones she loved, and the ones who love her. Marlene is servived by her loving children: Frances Isaac, Aaron Isaac, William Isaac, Fonda riley, Shirley Isaac-Robbins, Daniel Stoliby, Allen Stoliby, Sean Stoliby. 11 Grandchildren: Conklin Isaac, Arealia Isaac, Marlene Moore, Bryan Lee Moore, Jennifer Gemasaddle, Diana Harjo, Mike Harjo, Marcia Azocar, Isaac Riley, Ariel Robbins Joshua

Robbins. 7 Great grandchildren: Neimen, Ricky Serria Stoliby, Anthony (Bubba) Stoliby, John Roberts, Daimen, and Lane.

Marlene was a strong independent woman who was able to over come anything she put er to. She loved her family and would do anything for them. Although Marlene has left this earth she will remain in our heart.

Services were held at Primrose Funeral Home in Norman, Oklahoma on April 23, 2009.

Constitution Revision Update- April 2009

The Constitution Revision Meeting is an open meeting forum for attendees to discuss changes to the current Constitution and how these changes will affect the Tribe. We work together as a group to share ideas and thoughts openly. We compromise or agree on changes that will benefit the Tribe today and in the future.

Some of the topics that have been discussed and some amendments we feel need to be made to the Constitution are as follows:

Executive Branch – The Executive Branch would consist of the Governor and Lt. Governor, who will run as a team. They will serve a four (4) year term. The reason for them running as a team is they would be much like the President and Vice-President of the U.S. They would have the same agenda and the Lt. Governor would be able to act on behalf of the Governor during his absence. They would not have conflict and would be able to keep the business of the Tribe running more smoothly.

Creating the Legislative Districts- In order to have a Legislative Branch, there would need to be districts for them to represent. We are still debating the number of districts and what areas they should cover. We want each district to be equally represented by the number of Tribal Members. One idea was to base the districts on the Big Jim Band and the White Turkey Band. Another idea was to base it on geographical location and name them District 1, District 2 and so on. We would like to have more input from the Tribal members.

Judicial Branch- The Judges would be nominated by the Executive Branch and confirmed by the Legislative Branch. We are also in discussion as to the requirements for the Judges and if there is a need to update those.

Qualifications/Powers for Legislators- Because we have never had this Branch of government before we have to create the entire section. We are looking at other Tribal Constitutions for ideas and parts that we feel will benefit our Tribe. Some of the things we need to determine are how often they would meet, whether they would have staggered terms, what type of administration they would need, what type of compensation they would receive, what powers they would have and the overall organization of the Legislators.

Creating Removal Procedures- There has been discussion as to redoing the removal procedures so that they will be able to be implemented if needed. This may also be where we would create an ethics committee or some type of regulatory body to ensure elected officials do their jobs.

There are many more areas to discuss and we would like to get input from as many Tribal members as possible. Please feel free to come to contact me by email @ bponkilla@astribe. com or call 405.275.4030 x 131. Thank you for your time. Briana Ponkilla

NOTICE COMMUNITY MEETING

LITTLE AXE RESOURCE CENTER

MAY 30, 2009 10:00 A.M. LITTLE AXE RESOURCE CENTER

DISCUSSION: IRR (INDIAN RESERVATION ROAD) STIMULUS FUNDS. WHERE THE FUNDING WILL BE USED?

Finance Department Update

The Finance Department is finally current on their Indirect Cost Agreements. The rate received for 2009 is 21.95 percent under the Direct Method. In the previous years, we were following the Salary Method and the 2008 rate was 43.37%. Under the Direct Method, you will consider all expenses in each grant/contract less any capital expenditures and any pass through costs (example of pass through cost: Energy Assistance). Once you have determined your base you would apply the 21.95 percent to that base and the amount that is calculated is what you would bill to that particular grant/ contract. Under the Salary Method, which is a little more simplified method, you only consider the salary expenses in each grant/contract and the reason you have a higher rate. You would apply the 43.37 percent to only the salary expenses and the amount calculated is what you would bill to that particular grant/contract.

Examples of Indirect Cost Billing to a Grant/Contract:

Salary Method \$10,000.00	Direct Method
\$10,000,00	
φ ι ο, ο ο ο . ο ο	\$50,000.00
(1,000.00)	(3,500.00)
\$9,000.00	\$46,500.00
\$0.00	\$3,000.00
	7,000.00
\$0.00	\$10,000.00
\$9,000.00	\$36,500.00
43.37%	21.95%
\$3,903.30	\$8,011.75
(1,000.00)	(3,500.00)
<u>\$2,903.30</u>	<u>\$4,511.75</u>
	\$9,000.00 \$0.00 \$0.00 \$9,000.00 43.37% \$3,903.30

Note: The bottom line is what you would bill to the grant/contract if you were using either the Salary Method or the Direct Method.

The 2010 Indirect Cost Proposal is due to the National Business Center in Sacramento, California by the end of June 2009. Finance will soon be preparing to get the information compiled for this proposal in order to meet the deadline in June.

We have begun the 2008 audit, Bledsoe & Associates, PLLC, our auditors, are currently on site and we anticipate having them on site for approximately 4-6 weeks. We are way ahead from the previous years and Finance did the audit preparation without a third party firm. With Finance doing their own audit preparation, you eliminate any additional cost to an audit and the staff does not have to train a third party firm which means less interruptions and more productivity. With us beginning the audit earlier in the year, we anticipate having the audit completed by the end of June. Under the OMB Circular A-133, Audits of States, Local Governments, and Non-Profit Organizations, we are required to have an audit completed within nine months after a fiscal year has ended. The Tribe is on a calendar year which the year end is December 31 and our audit report is due to the Audit Clearing House by September 30. Last year we did submit our 2007 audit on time but did take us the entire nine months to get it submitted.

Should you have any questions please contact Patricia Buckley, Controller at 405-275-4030 Ext. 175 or by email pbuckley@astribe.com or Belinda Collins, Assistant Controller at 405-275-4030 Ext. 162 or by email bcollins@astribe.com.

FY-2008 YTD TAX COLLECTIONS (thru3/31/2009)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL
Sales (6%)	\$13,683.19	\$13,201.74	\$6,070.96	
Gaming (6%)(23%)	\$85,000.00	\$116,114.00	\$125,239.00	
Employee (1%)	\$13,066.41	\$8,309.81	\$7,358.43	
Severance (8%)	\$1,763.38	\$909.99	\$3,161.33	
Motor Vehicle	\$8,776.01	\$11,549.23	\$13,846.53	
TOTAL TAXES	\$122,288.99	\$150,084.77	\$155,676.25	\$0.00
Miscellaneous	\$1,009.92	\$355.38	\$275.00	
TOTAL COLLECTIONS	\$123,298.91	\$150,440.15	\$155,951.25	\$0.00

NOTE:

- State/Tribal Gaming Compact expires 1/1/2010.
- Gaming includes Casino Machines, Blackjack, Texas Hold'em, and 3 Card Poker.
- Blackjack began 1/27/05; Poker began 4/11/05; 3 Card Poker began 5/19/06.
- Texas Holdem began 4/12/07.
- Poker ended 8/11/07.
- Gaming Tax amended to assess 6% on Machines Currancy Drop, 23% on Blackjack Net Win (Pool), and 23% on Poker Rake, effective 10/7/05 (Reso LAS-2005-43).
- Resolution LAS-08-05 passed 1/16/08 temporarily suspending Chapter 5, Gaming Tax, Section 3, Imposition of Tax and imposing a flat gaming tax of \$50,000.00 a week, effective immediately.
- Resolution LAS-08-40, dated 10/29/08 credits \$850,000 towards gaming taxes; No actual monies received.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA SPECIAL EXECUTIVE COMMITTEE MEETING FEBRUARY 27, 2009 EXECUTIVE RESOLUTIONS

E-AS-2009-8

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING MEMBERSHIP OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA TO THE NATIONAL CONGRESS OF AMERICAN INDIANS (NCAI) AND NAMING THE GOVERNOR AS DELEGATE AND THE LIEUTENANT GOVERNOR, TRIBAL SECRETARY, TREASURER AND REPRESENTATIVE AS ALTERNATES OF THE ABSENTEE SHAWNEE TRIBE TO THAT BODY AND AUTHORIZING PAYMENT FOR ANY AND ALL MEMBERSHIP FEES THAT MIGHT BE DUE FOR 2008.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. L-AS-2009-8 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on February 27, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

E-AS-2009-9

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA, AS MEMBERS OF NATIONAL INDIAN CHILD WELFARE ASSOCIATION (NICWA), REQUEST FOR THE INDIAN HEALTH SERVICE NATIONAL INSTITUTIONAL REVIEW BOARD (IRB) TO REVIEW HUMAN SUBJECTS-RELATED GRANT PROPOSALS FROM NATIONAL INDIAN CHILD WELFARE ASSOCIATION (NICWA).

CERTIFICATIÓN

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. L-AS-2009-9 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on February 27, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

E-AS-2009-10

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA SUPPORTING THE SUBMISSION OF THE TRIBAL HISTORIC PRESERVATION OFFICE GRANT APPLICATION TO THE NATIONAL NAGPRA OFFICE OF THE NATIONAL PARK SERVICE FOR A FY 2009-10 CONSULTATION AND DOCUMENTATION GRANT

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. L-AS-2009-10 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on February 27, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA SPECIAL EXECUTIVE COMMITTEE MEETING MARCH 11, 2009 EXECUTIVE RESOLUTIONS

E-AS-2009-11

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING AND APPROVING THE TRIBE TO ENTER INTO A CONSTRUCTION CONTRACT AND ADDENDUM WITH NABHOLZ CONSTRUCTION CORPORATION (WHICH ADDENDUM IS ATTACHED AS EXHIBIT "A") TO CONSTRUCT THE JOINT VENTURE HEALTH CARE CLINIC; DESIGNATING GOVERNOR SCOTT MILLER AS THE TRIBAL OFFICIAL WITH SIGNATURE AUTHORITY TO EXECUTE THE CONTRACT ON BEHALF OF THE TRIBE AND AUTHORIZING AND APPROVING THE LIMITED WAIVER

OF SOVEREIGN IMMUNITY AS SPECIFICALLY SET OUT IN THE ADDENDUM, EFFECTIVE IMMEDIATELY. (ATTACHMENT)

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No.E-AS-2009-11 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 11, 2009, there being a quorum present, by vote of 2 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Absent, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Absent, Governor's vote, if required, NA.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA REGULAR EXECUTIVE COMMITTEE MEETING MARCH 18, 2009 EXECUTIVE RESOLUTIONS

E-AS-2009-12

A RESOLUTION DULY PROPOSED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA HEREBY EMPLOYING LEGAL ADVOCATES FOR INDIAN COUNTRY, LLP AS ATTORNEY GENERAL FOR THE ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA; AUTHORIZING AND APPROVING THE CONTRACT (ATTACHED); AND DESIGNATING GOVERNOR SCOTT MILLER AS THE TRIBAL OFFICIAL WITH SIGNATURE AUTHORITY TO EXECUTE THE CONTRACT ON BEHALF OF THE TRIBE, EFFECTIVE IMMEDIATELY. CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-12 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by vote of 3 in favor, 2 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: No, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: No, Governor's vote, if required, Yes.

E-AS-2009-13

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA RE-APPOINTING TREVOR ENGLER FOR THE SERIES A OF DIRECTORSHIPS FOR A THREE (3) YEAR TERM OF OFFICE EFFECTIVE MARCH 20, 2009, EXPIRING MARCH 20, 2012.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee-Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-13 to be a true and exact copy as approved by the Executive Committee of the Absentee-Shawnee Tribe of Oklahoma at a duly called regular meeting held on March 18, 2009, there being a quorum present, by a vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor: Yes, Secretary: Yes, Treasurer: Yes, Representative: Yes, Governor's vote, if required, N/A.

E-AS-2009-14

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA RE-APPOINTING FRANKIE WATSON FOR THE SERIES A OF DIRECTORSHIPS FOR A THREE (3) YEAR TERM OF OFFICE EFFECTIVE MARCH 20, 2009, EXPIRING MARCH 20, 2012.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee-Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-14 to be a true and exact copy as approved by the Executive Committee of the Absentee-Shawnee Tribe of Oklahoma at a duly called regular meeting held on March 18, 2009, there being a quorum present, by a vote of 3 in favor, 1 opposed, and 0 abstentions, as follows: Lt. Governor: No, Secretary: Yes, Treasurer: Yes, Representative: Yes, Governor's vote, if required, N/A.

E-AS-2009-15

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE-SHAWNEE TRIBE OF OKLAHOMA APPROVING THE REAPPOINTMENT OF TRESHA SPOON FOR A TWO (2) YEAR TERM EFFECTIVE FROM MARCH 20, 2009 EXPIRING MARCH 20, 2011 TO THE ABSENTEE SHAWNEE FOSTER CARE LICENSING COMMITTEE.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee-Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-

AS-2009-15 to be a true and exact copy as approved by the Executive Committee of the Absentee-Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by a vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor=s vote, if required, N/A.

E-AS-2009-16

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA APPROVING THE RE-APPOINTMENT OF DONNA JONES TO THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA'S TAX COMMISSION FOR A TWO YEAR TERM, CERTIFICATION

We, Scott Miller, Governor, and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-16 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by a vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor Miller's vote, if required N/A.

E-AS-2009-17

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA RE-APPOINTING JANIE FLOYD AS A MEMBER OF THE ABSENTEE SHAWNEE TAX BOARD OF COMMISSIONERS FOR A TWO YEAR TERM, EFFECTIVE APRIL 14, 2009 AND EXPIRING APRIL 14, 2011.

CERTIFICATION

We, Scott Miller, Governor, and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-17 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by a vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor Miller's vote, if required N/A.

E-AS-2009-18

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA REAPPOINT-ING JENIFER SLOAN FOR A ONE (1) YEAR TERM TO THE ABSENTEE SHAWNEE EDUCATION COMMITTEE, EFFECTIVE FROM APRIL 16, 2009 EXPIRING APRIL 15, 2010.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee-Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-18 to be a true and exact copy as approved by the Executive Committee of the Absentee-Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by a vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor=s vote, if required, N/A.

E-AS-2009-19

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING AND APPROVING THE ABSENTEE-SHAWNEE TRIBE OF INDIANS OF OKLAHOMA, THROUGH THE CHIEF OF POLICE OF THE ABSENTEE SHAWNEE TRIBAL POLICE DEPARTMENT, MAKE APPLICATION FOR THE COPS TRIBAL RESOURCE GRANT PROGRAM 2009 (TRGP 2009) OF THE U.S. DEPARTMENT OF JUSTICE TO ACQUIRE VEHICLES, A FINGER PRINT SCANNER, DIGITAL CAMERAS, 800 MHz RADIOS, AND BASIC/SPECIALIZED LAW ENFORCEMENT TRAINING.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-19 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

E-AS-2009-20

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA APPROVING AND ACCEPTING CHRISTY LEE TARBOX, DESTINEY SHAE WATKINS, AUTUM PAIGE WATKINS, MELYSHA RAVEN WATKINS AND QUENTIN PATRICK SHERRILL AS ENROLLED MEMBERS OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA.

NAME OF ENROLLEE	DOB	DEGREE OF BLOOD
Christy Lee Tarbox	01/06/2009	1/4
Destiney Shae Watkins	02/24/1989	1/4
Autum Paige Watkins	04/08/1991	1/4
Melysha Raven Watkins	03/08/1993	1/4
Quentin Patrick Sherrill	01/09/2006	1/4

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-20 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called Regular Meeting held on March 18, 2009 there being a quorum present by a vote of: 4 in favor, 0 opposed, 0 abstentions, as follows: Lt. Governor Little Axe: Yes; Secretary Lopez: Yes; Treasurer Chisholm: Yes; Representative Onzahwah: Yes; Governor Miller vote, if required: N/A.

E-AS-2009-21

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA GRANTING CONDITIONAL RELINQUISHMENT OF MEMBERSHIP IN THE ABSENTEE SHAWNEE TRIBE OF INDIANS TO SONJA KAY WOLFE.

ENROLLED NAME	D.O.B.	TO BE ENROLLED IN
Sonja Kay Wolfe	10/19/1973	Citizen Potawatomi Nation

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-21 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called Regular Meeting held on March 18, 2009, there being a quorum present by a vote of: 4 in favor, 0 opposed, 0 abstentions, as follows: Lt. Governor Little Axe: Yes; Secretary Lopez: Yes; Treasurer Chisholm: Yes; Representative Onzahwah: Yes; Governor Miller vote, if required: N/A.

E-AS-2009-22

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA HEREBY AUTHORIZING THE FORMATION AND OPERATION OF THE ABSENTEE SHAWNEE TRIBE CLOTHES CLOSET AND ADOPTING THE ORGANIZATIONAL CHART, ATTACHED AS EXHIBIT "A", EFFECTIVE IMMEDIATELY, WHICH SUPERSEDES ALL PREVIOUS ORGANIZATIONAL CHARTS. CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-22 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 18, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA SPECIAL EXECUTIVE COMMITTEE MEETING MARCH 25, 2009 EXECUTIVE RESOLUTIONS

E-AS-2009-23

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING AND APPROVING THE ABSENTEE-SHAWNEE TRIBE OF INDIANS OF OKLAHOMA TO SUBMIT AN APPLICATION TO THE ADMINISTRATION FOR CHILDREN AND FAMILIES (ACYF) FOR THE ADMINISTRATION OF NATIVE AMERICAN (SEDS) PROGRAM.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-23 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 25, 2009, there being a quorum present, by vote of 3 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Absent, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor's vote, if required, NA.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA SPECIAL EXECUTIVE COMMITTEE MEETING MARCH 30, 2009

EXECUTIVE RESOLUTIONS

E-AS-2009-24

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING AND APPROVING THE ABSENTEE-SHAWNEE TRIBE OF INDIANS OF OKLAHOMA, THROUGH THE CHIEF OF POLICE OF THE ABSENTEE SHAWNEE TRIBAL POLICE DEPARTMENT, TO APPLY FOR THE SMART OFFICE FISCAL YEAR 2009 SUPPORT FOR ADAM WALSH ACT IMPLEMENTATION GRANT PROGRAM.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-24 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 30, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor Miller's vote, if required, N/A.

E-AS-2009-25

A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA AUTHORIZING AND APPROVING THE ABSENTEE-SHAWNEE TRIBE OF INDIANS OF OKLAHOMA, THROUGH THE DIRECTOR OF FAMILY SERVICES OF THE ABSENTEE SHAWNEE TRIBAL DOMESTIC VIOLENCE DEPARTMENT, TO APPLY FOR THE OVW RECOVERY ACT GRANTS TO INDIAN TRIBAL GOVERNMENTS PROGRAM.

CERTIFICATION

We, Scott Miller, Governor and Michelle Lopez, Secretary of the Absentee Shawnee Tribe of Oklahoma, do hereby certify that this Resolution No. E-AS-2009-25 to be a true and exact copy as approved by the Executive Committee of the Absentee Shawnee Tribe of Oklahoma at a duly called meeting held on March 30, 2009, there being a quorum present, by vote of 4 in favor, 0 opposed, and 0 abstentions, as follows: Lt. Governor Little Axe: Yes, Secretary Lopez: Yes, Treasurer Chisholm: Yes, Representative Onzahwah: Yes, Governor Miller's vote, if required, N/A.

For a complete printed copy of any resolution, you may contact the Secretary's office and request for one.

(405) 275--4030

The Absentee Shawnee News is published monthly by the Absentee Shawnee Tribe of Oklahoma and is mailed free, one per address, to enrolled Tribal members. Additional subscriptions to nontribal members and organizations are available for \$12 annually. We welcome letters to the editor, comments and submissions but reserve the right to limit printing based upon available space. The Absentee Shawnee News also reserves the right to refuse publication of letters to the editor. Editorials and letters must be signed and include an address or phone number to be considered for publishing. Editorial statements and letters to the editor published in this newspaper contain the opinions of the writers. These opinions do not necessarily reflect the opinions of the editor of The Absentee Shawnee News or any elected official or department of tribal government or administration.*(The deadline for submissions is the 4th Wednesday of each month. All submissions that miss this posted deadline will be printed in the next issue if possible). Reprint permission is granted with prior approval and publication credit to The Absentee Shawnee News.

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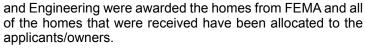
Two more families received their keys to new homes

Governor Scott Miller took time out to present more keys to tribal members who were fortunate to receive a new mobile home through the AST OEH&E department.

On February 12, 2009 the Governor gave the keys to Bea Ellis and Frances and Mary Wilson shown in the photos. Bea Ellis was so happy to be getting the home and invited the Governor and the staff to come out another time just to visit.

Frances and Mary Wilson were thankful as well on gettiing their new home and wanted to say thank you to the OEH&E program and the tribe.











April

Child Abuse Prevention Month Sexual Assault Awareness Month

The State of Oklahoma Department of Human Services reported for last fiscal year (July 1, 2007 through June 30, 2008) a total of 204 confirmed Abuse and Neglected cases had been reported for Pottawatomie County and 309 for Cleveland County. The State of Oklahoma reported a total of 11,714 for the entire state of confirmed Abuse and Neglected cases and of those a total of 1,969 were Native American children. Those numbers are too high and should not be allowed to continue to increase.

If you suspect a child is being abused, call the Tribal Police at (405) 275-3200 or the Indian Child Welfare Department (405) 275-4030 or your local county Department of Human Services. Your information will remain anonymous, provided as much information as possible to the worker. Your information will aid in determining the appropriate course of action.

You can make a difference on Child at a Time!

Twelve Alternatives to Lashing Out at Your Child

The next time everyday pressures build up to the point where you feel like lashing out -- STOP!

Try any of these simple alternatives. You'll feel better... and so will your child.

- Take a deep breath... and another. Then remember you are the adult.
- Close your eyes and imagine you're hearing what your child is about to hear.
- Press your lips together and count to 10... or better yet, to 20.
- Put your child in a time-out chair (remember this rule: one time-out minute for each year of age.)
- Put yourself in a time-out chair. Think about why you are angry: is it your child, or is your child simply a convenient target for your anger?
- Phone a friend.
- If someone can watch the children, go outside and take a walk.
- Take a hot bath or splash cold water on your face.
- Hug a pillow.
- Turn on some music. Maybe even sing along.
- Pick up a pencil and write down as many helpful words as you can think of. Save the list.
- Call for prevention information: 1-800-CHILDREN

To report Child Abuse contact 1800-CHILD ABUSE, your local Police Department, Absentee Shawnee Tribal Police 405-275-3200 or the AST Indian Child Welfare Department 405-275-4030 ext. 166 and speak to Melissa Lopez .

April is Sexual Assault Awareness Month. Below are some facts about sexual violence:



- Victims of sexual violence come from all different backgrounds. Age, race, religion, sexual orientation, gender, and size do not matter.
- No one ever asks for or deserves to be sexually violated. Sexual assault is an act of VIOLENCE and is a crime that is punishable by law.
- Sexual violence often happens between people who know each other. The perpetrator may be a friend, family member, spouse, or dating partner.
- Many sexual assaults, especially those on college campuses, involve the use of alcohol or other drugs.
- Alcohol, drugs, manipulation, and/or coercion are often used rather than physical force to get a victim to comply. As a result many victims will not have apparent physical injuries.
- Victims of sexual violence are targeted because of their perceived vulnerability or the perpetrator's opportunity

 NOT because of their age, the way they look, or what they were wearing.
- Sexual assault is the most under-reported violent crime in the United States.

If you or someone you know has been sexually assaulted please go to any local domestic violence and sexual assault agency or law enforcement for help. Please do not feel ashamed for the crime that has happened to you. Kimberly

Stephens Domestic Violence Advocate for the Absentee Shawnee Tribe

Tribal Health Program Celebrates "Kick Butts Day 2009" March 25th

Kick Butts Day is a national event which advocates youth stand up & speak out against Big Tobacco with fun, educational activities, and events.

Community Health & Prevention worked with cultural preservation to present to students at the Melokami



Spring Break Camp. Staff brought visuals such as a years worth of tar buildup, an oversized cigarette with all chemicals listed, and a smoker's lung. Campers and staff compared the smoker's lung to a health lung. More importantly, the dangers of tobacco were expressed.

Children were asked to illustrate a poster regarding the facts learned, took a pledge not to abuse tobacco, and cheer on an attempt to quit smoking by a current smoker. Posters were displayed at the Little Axe Clinic, Shawnee Clinic, and the Shawnee Public Library.

TO All Tribal Members Born in



Happy Birthday Pavid Lee "Wibber-Jibber" Johnson Jr.

AKA "Uncle Tobias"

Best Wishes on your day, April 14th With love - Lisa, Rick, Kendall, Andee & Devon

Frankie Watson

April 13

Happy Birthday Sister

Love Roy and Rhonda



Happy 18th Birthday Zachary Elias Byers

Bethel High School Sr. Class President We are very proud of you! **From**

> Aunt Sherry, Uncle Marvin, Uncle Shawn, Aunt Marilyn & all your cousins

Happy Belated 18th Birthday and congratulations - Senior 2009 Christina Sloat

We are so proud of you baby girl! We love you! Love Mom & Dad

Baley Blanchard

Happy Birthday on April 24

Have a great day!

Love The Kaseca's and Nana Debbie

Happy Birthday Hunt Bell From Nikki and Kevin

> **Happy Birthday** Traci Lynn Switch l Love You.

Love. Tilna Tankersley

Happy 24th Birthday to my Baby boy Ray Battise on April 3rd. We Love you, Mom, Dad, Gina, Tara, Tessa, Julie & Eric

Happy Birthday & April Fools to my Sister Sharon Shawnee Have a Goot One! Love Marvin & Sherry

Happy Birthday Grandpa Harry April 11 Love Baley and Cole

April 13, Frankie Watson To our wonderful mother who loves us no matter what we do.

Greg, Darrell, Tom, Danny, Brent. and Patrick

Happy 17th Birthday 🌀 lindsey James on April 8**th.** We love You. Deke, Revis, Gina Tara, Ray, Tessa, Julie & Eric

Hoppy Beladed 34th hday en March soch Regina Gayle Walteles We Leve You! Man, Dad, Tara, Ray, Tesso, Julie & Eic

Happy Birthday May 9th "Bobby Dough" Love your sis - Myrna



Big Congratulations to Miss Jennifer Gail Garcia

On her big win March 28, 2009. She was crowned Miss Indian P.A.C. Princess of Dallas! This is a huge success for Jennifer, and her first time to enter the circle. We also would like to give a special "Thanks" to everyone that came that day, and Auntie Jamama. The grandmas' that sewed through their sickness and all and to her uncle that gave her the music and Shelby who taught her the steps. Without all of you we couldn't have done this.

Thank you, Nima, Jennifer, Junior and Daniel.

If you would like to show your support, please do by mail at 8636 Reba St., Dallas, Tx. 75227.

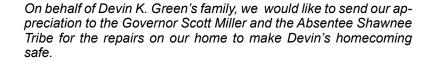
Devin K. Green

Devin Kani I Green was born on June 20, 2005 and departed this life on February 2, 2009. Devin was born to Anastasia Cozad and Robert C., Green Jr. of McLoud, Oklahoma. His maternal grandparents are Teri (Spoon) Tsoodle, Absentee Shawnee and Johnny Cozad, paternal grandparents are Violet Chalepah and Robert C. Green Sr.

Devin's parents learned shortly after his birth that he had heart defects. After other treatments, their 3 year old received a heart transplant in 2008 at the Arkansas Children's Hospital. Devin had been on a waiting list for his heart for about two months, during which he was placed on a pediatric heart pump, as well as onECMO, a heart -lung bypass pump that oxygenated his blood. Devin went from one of the sickest patients at Arkansas Children's Hospital to one of the liveliest once he received his brand new heart. His mother stated that when he got his new heart, when he woke up, he immediately started waving at people and blowing kisses.

His grandmother Teri Tsoodle said that Devin was able to come home after receiving his new heart and that he was so full of life and was being a typical little boy running aroung the house and showing them so much love, giving them kisses all the time. She felt like that was what Devin wanted was

to be at home with his mom and grandparents, to give them the happiest memories of his life.









LCPL Runsabove, Brock A. United States Marine Corps

Deployed to Iraq, August 26, 2008 and returned stateside on March 23, 2009. Combat Patrols consisted of first platoon 3-7 India company in the city of "Haqlaniqah". And four miles West of the city back to his base camp.

After three months @ "Haqlaniqah". LCPL Runsabove and his platoon relocated to a city along the Euphrates River named (Haditha) were he spent the reaminder of his four months.

While at Haditha, Iraq. LCPL Runsabove this squad patrolled on the Desert Hills West of the city as well as inside the city.

Three platoons out of four trained the Irazi Army Police, ith the help of Navy Seals.

Conducted over 10 missions inside the city of Haditha, that over all that helped the Iraqi Government and improved there police and Army in knowledge and training.

LCPL Runsabove was awared a challendge coin by a Three

Star Army General.

Also given the billet of a team leader position which held many responsibilities of being in charge of his four man fire team. For his actions as team leader Brock was reccomended to attend an Enfantry

Squad Leader school at Camp Pendleton, California for three months during June through September this year.

Photos are of Brock in full combat gear and Brock and his fiance Owachige.





Spring Youth Camp 2009

The Melokami Youth Camp was hosted by a collaboration of Absentee Shawnee Tribal Programs. The REACH Program, Veteran's Affairs, Cultural Preservation Department, Police Department, and the Department of Family Services came together to provide an array of games and activities to help tribal and community children have a productive and active spring break. Staff from various AST programs and departments provided workshops throughout the week to give our children information to help them in making good and safe choices. The camp was open to grades 1st through 12th.



PLEASE fill out EACH BLANK completely and return by the Deadline.

	ABSENTEE BALLOT REQUEST
I,(Print Name)	, hereby certify that I am or will be an Eligible Vote
	n or before June 20, 2009. I cannot physically be present to ca Run Off Election , therefore, I am requesting an Absentee Ballog address.
Name (please print):(First)	(Middle) (Maiden) (Last)
	City: St: Zip:
CDIB#:	
Signature:	Date:
All <u>REQUESTS</u> mu	to the Election Commission by the deadline of May 31, 2009
	Return this Form to:
	Absentee Shawnee Election Commission P.O. Box 741 Tecumseh, OK 74873
	Phone: (405) 275-4030 ext. 150 Toll Free number 1-800-256-3341 Fax# (405) 273-1337
	re entitled to vote, either at the Polls or by Absentee Ballot. r convenience - This request may be duplicated
F	LECTION COMMISSION USE ONLY
Received:	Approved: Dissapproved:
If Disapproved (reason):	
	Ballot Mailed:

Dental hygienist focuses on dental disease prevention

Angie McElrath shares with tribal citizens the current prevention programs offered to children and adults. She is a registered dental hygienist employed by the Absentee Shawnee Tribe.

"Dental disease is totally preventable and the younger we begin the least likely children will have dental disease," McElrath said. "My main focus is on the children."



The dental clinic provides a "Well-Baby Clinic" every Wednesday. The clinic treats children from 9 months old to 4 years old. If McElrath sees dental problems the dentist will evaluate the problem and the staff will assess what dental procedures must be taken.

The clinic also offers dental health education to parents, caregivers, and children. On Feb. 18 the clinic began working with the Central Tribes of the Shawnee Area Head Start and Early Head Start Programs. They provide dental screenings and educational events in oral health care for children and caregivers. A fluoride varnish program has been implemented for all of the children. Annual dental updates will be provided for the Head Start staff.

A sealant program for tribal children is a clinic based program in which an acrylic coating is painted on the pits or grooves of the back teeth – the molars and premolars. The coating will stay on the teeth for five to 10 years. McElrath said this is an excellent prevention program for the children.

"My room is very laid back and relaxed," McElrath said. "When we see a child for the first time there is no forcing a child because you can ruin someone for life in dentistry if you try to force yourself on the patient."

Equipment for water testing is a clinic based service that tests levels of fluoride in the child's home drinking water. The parents are asked to bring in a sample of water from their home. After the water is tested – if it is determined the child needs supplements – the pharmacy will supply the supplements.

The clinic also has a "No Cavities Club" for children. When a child arrives for an appointment the child is checked for cavities. If there are no cavities found the child's picture is taken and placed on a bulletin board in the clinic. When the child returns the next year without cavities a new picture will be taken to replace the old one.

"It is just a fun thing that we have," McElrath said. "However in the past I have had senior citizens who want their pictures taken. So we take anybody's picture – that will let us take their picture – in the "No Cavities Club."

For adults ages 18 and older the clinic offers a comprehensive examination where a large x-ray is taken that looks at the bone level and tells the dental staff if the patient is losing bone around the teeth or in other words what kind of periodontal structure is around the teeth. Diagnostic dental x-rays that look for decay and infection are also implemented.

Restorative dental services are provided for restorative fillings and prevention. Wisdom teeth extractions are performed in oral surgery. The wisdom teeth normally crowd the lower front teeth and need to be removed McEI-

rath said. She recommends periodontal care – every six months – which is mainly cleaning. She said with cleaning visits every six months she can keep a close eye on the boney structure around the patient's teeth and make sure the teeth are healthy.

McElrath has presented national lectures regarding diabetic programs for the American Diabetes Association and has documentation on tooth infections and diabetes. She said priority dental care is needed in getting tribal diabetic patients in for a dental exam. She said when a diabetic patient has an infection around a tooth that infection eventually gets in the blood stream and the body picks the infection up as a total infection that increases blood sugar. If the bacteria level in the mouth is low then blood sugar can be controlled.

In the near future McElrath would like to extend the clinic's services to educating the community and the AST tribal citizens on oral health care and the prevention of dental disease. She said the dental clinic's goal is to see happy and healthy smiles that will last a lifetime.

"Caring is a very important characteristic of our staff at AST dental," McElrath said. "This feeling is passed from our staff to our patients and others in the community.

"I'm one lucky person – and I love what I do in my little setting – and in my own way I do make a difference. My patients and I become pretty good friends."

For more information about the AST Little Axe Dental Clinic call 405-447-0300.

Summer Youth Program

Taking applications through May 15, 2009.

Absentee Shawnee Tribe is now taking applications for the Summer Youth Program for ages 14 -24 years of age. The work period will be for the month of June and July. It will be necessary for you to provide the documents listed below, which are applicable to you, before your application for SYS can be considered complete. The information will be kept confidential and will be released only under the rules and the regulations of the Privacy Act.

- Certificate Degree of Indian Blood Card(s) or letter(s) for each family member in the household.
- ✓ Social Security card(s) for each household member.
- ✔ Drivers License
- ✔ Proof of residence (utility bill, rent receipt)
- ✓ Marriage Certificate/Divorce Decree, if applicable
- ✔ Pay stubs or Employer Statement (last 6 months income)
- Statement of support form if you are currently staying with someone
- DHS check stubs or Agency Statement (Public Assistance)
- Selective Services Registration Card or Letter (males 18yrs -25 yrs old)
- ✓ DD-2124 or Discharge Letter (Veteran)

Applications can be picked up in the Social Service Department in building #1, on the second floor.

For more information, please call Annette Wilson @ (405) 878-4723 or (405) 275-1468

Tribal Elders Organization Meeting

Saturday may 16, 2009 10:00 a.m. Little Axe Resource Center

We will be having a **Eake and Pie Supper!**

All Tribal Elders Welcome



Happy Mother's Day 2009

On May 8, 2009 we are having a Mother's Day Bingo and Lunch at the Little Axe Resource Center from 11am to 1pm. We would love for all the Title VI Mother's to join us this day. We will not be delivering this day.

Come Join Rosie on May 5th and 19th for Chair Exercises at the Title VI Building, 12:15 to 12:45.

We are also looking forward for the Healthy Heart Classes coming in May.

Absentee Shawnee Tribe Complex will be closed for Memorial Day, May 25; no lunches will be served or delivered. If you have any questions, you can contact me at 405-275-4030 ext 169.

Yvette Moore Title VI Coordinator



menu subject to change May 2009

2% milk served daily

Sun	Mon	Tue	Wed	Thu	Fri	Sa:
mom	May 8	's Day B 3, 2009 Axe Re	11am t	o 1pm	Biscuit ¹ Gravy Cereal Juice	2
17	Ham ⁴ Mac n Chez Peas Roll/ Pears	5 Spaghetti Greenbeans Salad Bar Garlic Bread/Apricots	Navy Beans (wham Okra'Steakfries Gombread Carrot Cake	Reast Beef \$andwich Pot. Salad Baked Ohips!Peaches	Mother Day Lunch & Bingo 11 to 1 Little Axe R.C.	Đ
Mother Day	Tuna Salad Sandwich Tomato Soup Fluff	Enchilada Case. ¹² Mexicom Salad Bar Cinnamen Reli	Beef Stew Cornbread Chez Sticks Applecrisp	Smoked Sausage Cassorole Greenbeans Red Pot. Jell-O	Scrambled Eggs Sausage Patty Teast Milk	15
17	Cheeseburger Pork & Beans Lett. Tom. Chip/Cookie	19 Steakfingers Mashed Pet. Gravy@am Salad Bar/Pudding	Meatioaf MashedPot/Gravy Greenbeans/Roll Applesauce	21 Cold Cut Sandwich Yeggie Soup Sugar Cookle	Ham 22 Eggs Biscuit Fruit/Milk	23
24	25 AST CLOSED MEMORIAL DAY	Fried Fish Coleslaw Hushpuppies Salad Bar/Pie	Crispy Italian Chicken Carrots/Squash Roll/Jell-O	Soft Taco Refried Beans Spanish Rice Pineapples	29 French Teast Sausage Link Milk	30
31	NOT GO	ING TO BE H	OME			

CALL US AT 405-275-4030 EXT. 169

OR NOTIFY YOUR DRIVER

PREVENTIVE HEALTH AND YOU!

I have enjoyed the past several months and look forward to serving the tribe as medical director in the years to come. One of our primary focuses is prevention and we believe the most important thing we can do as health care providers is to give appropriate disease screening and prevention opportunities. The best way to receive optimal health care for any population is to incorporate an aggressive preventive medicine program. Even though we may do this, the most important person involved in your preventive health is YOU!

There are several diseases that, when discovered in time, can be cured or controlled much more easily than when discovered late. Some of these are obvious such as cancer and diabetes, but some screening recommendations by the CDC may surprise you.

<u>High cholesterol</u>- men 35 and older and women 45 and older as well as younger people with other risk factors for heart disease should have their cholesterol checked at least once.

<u>Osteoporosis</u>- most women 65 and older and many women 60 and older at increased risk for osteoporotic fractures should have a test done to check for bone loss.

Hypertension- all people 18 and over should be checked for high blood pressure. We routinely check blood pressure on almost all adult visits.

<u>Diabetes</u> all adults with high blood pressure or high cholesterol should be checked for diabetes. This may also include anyone who is at risk for diabetes.

Colon cancer- everyone over the age of 50 should be screened for colon cancer. This may be done by colonoscopy every few years but can also be done with less invasive means for many people.

<u>Breast Cancer</u> all women over 40 should receive a mammogram every vear or two.

<u>Cervical Cancer</u>- all women who have been sexually active and have not had a hysterectomy should have a pap test done routinely. This should be done every 1 to 3 years depending on other factors. Most women are also screened for certain sexually transmitted infections during the Pap test.

Abdominal Aortic Aneurysm- the aorta is a large artery in the chest and abdomen. It can sometimes swell and rupture which can be life-threatening. The current recommendation is that all men 65 to 75 who have ever smoked should have an ultrasound done at least once. Most women do not need to be tested.

<u>Depression-</u> anyone can be asked about depression at any time.

<u>Immunizations</u>- children are not the only ones that routinely need immunizations. Most adults should have a flu shot every year, tetanus/diphtheria/pertussis shot every 10 years and a pneumonia shot one time at the age of 65. Other risk factors may require additional immunizations.

Although the above recommendations are important, it is clear that the most important preventive health measures involve life-style changes. The nurses and providers may discuss certain issues with you including alcohol and drug use, healthy eating and weight management, auto safety, gun safety, sexual health, physical activity and tobacco use. We can help make recommendations for you and we have many resources, like a dietician, exercise trainers, behavioral health psychologists, community health programs and a robust diabetes program. While we can advise you regarding good health, the only one who can really implement these healthy choices is you. Feel free to make an appointment with either clinic to discuss preventive health soon.

Submitted by: Dr. Nathan Boren, MD Medical Director- Absentee Shawnee Tribal Clinics

Eat Less To Stretch Your Dollar \$\$\$



The cost of feeding a family of 4 has increased over \$30.00 per month in the past year. In the past ten years, the cost has gone up over \$170.00.

The following are ideas to eat less and stretch your dollar farther. EAT LESS, NOT GOING TO HAPPEN, you say. If we eat less, we decrease the number of calories we take in, as a result we can lose weight. If we eat less, we spend fewer dollars on food cost.

Eating less is hard, but so is working 40 hours, keeping up a car, and having a family, but in can be done. The following are practical steps to eat less sometimes called conscious eating.

- TURN THE TV OFF! When we watch TV while we eat more, we pay less attention to the items we are eating and more attention to the glowing box in the corner. Therefore, we eat more than we really think. Turning off the t.v. during eating is a great time to re-connect with kids, spouse, or other dinner guest.
- USE SMALLER PLATES. Big plates and bowls make normal servings look small. With a big plate, it's natural to make the food look right on the plate. By using a smaller plate or bowl we can adjust our perceptions of portion sizes and eat less.
- 3. DRINK MORE WATER. Water is the most important nutrient our body needs. Water has no calories. Diet sodas aren't bad, in moderation, but our bodies need water.
- 4. CHEW YOUR FOOD. I'm not advocating chewing your food any magical number of times like the 32 times I was told when I was growing up. But properly chewing our food allows us to fully enjoy what we're eating. As an added bonus, it allows the body time to release hormones telling us were full.
- 5. PUT YOUR FORK DOWN. Place your fork beside your smaller plate between each bite. Sounds like a joke, but it can help a little.
- EAT MORE FIBER. Fiber is a carbohydrate our bodies can't digest. Additionally high fiber foods, because of their bulk, may help us feel full for longer periods of time.



- Report Dangerous Drug Usage; Sales or Manufacturing on Tribal Trust Lands and Surrounding Areas.
- Report Suspicious or Criminal Activity.
- Toll Free and Completely <u>Anonymous</u>.

Please Call: 1-877-273-1249

AST Police Department welcomes new team member aboard

As part of the Absentee Shawnee Tribal Community Policing Oriented Services (COPS) Methamphetamine Initiative, Glenna Jones has joined the team to provide Substance Abuse Services.

Glenna worked for many years as the administrator of the Native American Center of Recovery before it closed in March of 2007. She has experience in Community Sentencing, Drug Court, TANF – Safe Haven, Intensive Out-



patient/Outpatient, Domestic Violence programs and operated two Residential Treatment Centers; one for Adults and one for TANF Women and their children. She is also a DUI Assessor and DUI School Facilitator for 10/24 DUI Schools.

The mission of the program is to uphold the law and enhance the quality of life for the citizens of our communities. Through the coordinated efforts of Law Enforcement and Substance Abuse Treatment, safe and healthy lifestyles will be possible.

Policing Services under the program will be; enhancing the community's physical & emotional well-being through coordination between the community and tribal police, assist families with other family members who abuse substances, and, follow leads from the community to curb break-ins' in our rural homes.

Glenna will provide treatment services that will include; Crisis Intervention, Drug and Alcohol Assessments, Individual Counseling, Family Relationships (Substance Abuse Related), Referral to other levels of care, and Community Outreach.

If you would like to speak with Glenna, please call 405-275-3200 during normal business hours.

Foster Parents Needed!!!

Can you open your home and heart for a foster child.? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child's parents?
- · Can you love with all your heart & then let go?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Melissa Lopez 405-275-4030 ext. 166.

Elders Council Update

By Cynthia Longhorn

The Resource Center at Little Axe was the site of the Absentee Shawnee Elders Council monthly meeting on Saturday, March 14, 2009. Officers Gene Parker, Mary Birdtail, Cynthia Longhorn and Kathy Deere were present as well as 28 tribal members and nine guests were registed at Call to Order. Don Schulenberg gave the invocation. Having a birthday from the group was Gertrude "Trudy" Pickering. One new member, Redena Miller, was welcomed to the "over the hill" gang.

A guest speaker, officer David Haskins of the Absentee Shawnee Police Department spoke to the elders about safety practices in the home and spoke of patrols in known problem areas and encouraged tribal members to contact the AST PD for any suspicious activities or unfamiliar vehicles in the neighborhood. He also explained how drug arrest monies could be used, how extra patrols could be requested, the use of a newly acquired K-9 member to the police department, and that escorts for tribal funerals could be available upon request. Other announcements included, a wild onion dinner being held in Shawnee the day of the meeting and Esteline Schulenberg told of a documentary series on OETA beginning April 13th on Native Americans that will incude a segment on Tecumseh. Vice President Mary Birdtail infomed the Council of an invitation from the Tinker Inter-Tribal Council to co-host their annual pow wow set for June 13, 2009.

Minutes of the January 17 and February 21, 2009 Elders Council meeting were reviewed; Sue Blanchard was present and read the minutes from December 6, 2008. All were approved. The Treasurer's Report was presented by Kathy Deere and there still are questions being heard from tribal members on expenses and receipts for such. The report was approved.

Proposed guideline changes as previously dicussed were voted on and changes approved. The group signed up for supplies, equipment and volunteers needed for the fundraiser taco sale set for Saturday, April 28, 2009. It was also agreed to have a bake sale at General Council, April 4 at Tecumseh Square. Raffle items will also be available at the time, including a \$50 gas card.

There was discussion on the policy for providing gift cards to the elders and the council voted to keep the policy of the attending four meetings during the year in order to receive a gift card. Drawings were held for door prizes. A bake sale was held simultaneously with our meeting. A sincere thank you goes to our volunteers and non-tribal members who helped with this fundraiser. Our next meeting is set for Saturday, April 18, 2009 at Tecumseh Square in Tecumseh.

For more information, contact Gene parker at 613-1139, Mary Birdtail at 386-7851, Cynthia Longhorn at 273-4137 or Kathy Deere at 818-7874.

Tiger Family Reunion Saturday - May 23, 2009

10 am -10 pm

Lake Thunderbird - Little Axe Area

All family and friends of the late

Jim Tiger & Annie Man tiger

Bring food, drinks, games & lawn Chairs.

ABSENTEE SHAWNEE TRIBE VETERANS ASSOCIATION **MEETING MINUTES**

Wednesday, March 11, 2009

Thunderbird Casino 15700 East Highway #9 Norman, OK 1900 hours CHRONOLOGY OF THE MEETING:

The meeting was called to order at approximately 1915 hours by Commander Frank Tiger. The meeting was adjourned by Commander Tiger at approximately 2020 hours.

Officer Voyles called the meeting to order at approximately 1915 hours.

INVOCATION:

The invocation was led by Chaplain Don Schulenberg.

PLEDGE TO AMERICAN FLAG:

The Pledge of Allegiance was led by Executive Officer David Voyles.

ABSENTEE SHAWNEE VETERANS CREED: The Creed was led by First Sergeant Lewis Snake.

ATTENDANCE (13):

OFFICERS (6): MEMBERS (7):

Commander: Frank Tiger Jimmy Sloat Executive Officer: David Voyles Kay Snake Operations Officer: Esteline Schulenberg Richard Birdtail First Sergeant: Lewis Snake Mary Birdtail Administrative Officer: John Vanderburg David Little Chaplain: Don Schulenberg Stella Little

Roy Charley

NEW MEMBERS/GUESTS (0):

None

INTRODUCTION OF NEW MEMBERS AND GUESTS:

None

APPROVAL OF PREVIOUS MINUTES:

A motion to approve the minutes of February 11, 2009 was made by Don Schulenberg, seconded by David Little and approved by majority vote.

APPROVAL OF FINANCIAL REPORT:

A motion to approve the financial report of March 11, 2009 was made by Don Schulenberg, seconded by Lewis Snake and approved by majority vote.

Executive Officer's Report (1730): Executive Officer David Voyles spoke about designing a coin for the Veterans Association. Officer Voyles passed out three coins that he had designed for other veterans organizations he had belonged to in hopes to inspire ideas from the membership on what to place on the coin.

Operations Officer's Report: Operations Officer Esteline Schulenberg spoke about an upcoming series that will premiere on PBS (locally OETA) entitled "We Shall Remain, American Experience". The series will begin on April 13th at 8pm and continue each Monday in April. The series will include: After the Mayflower, Tecumseh's Vision, Trail of Tears, Geronimo and will conclude with Wounded Knee, on Monday, May 11th at 8pm.

1st Sergeant Report: First Sergeant Lewis Snake stated, "I am continuing to talk to other veterans and invite them to our meetings". He continued, "I have spoke to many who are very interested and encourage everyone else to do the same."

Administrative Officer's Report: Administrative Officer John Vanderburg announced the current balance in the organizations checking account is \$301.13 and in the "Coffee Can account" \$76.51.

Officer Vanderburg stated, "I would like to continue to encourage each of you [the membership] to invite other veterans to join our membership." He continues, "I believe this is a great organization, full of great people and believe others would share this thought, if they came here and got involved."

Officer Vanderburg announced, "The Moving Wall, a replica of the Vietnam Veterans Memorial Wall in Washington D.C., will be coming to Shawnee this summer on August 20th and will be here thru August 24th.

Officer Vanderburg stated, "We have been asked to return to Springfield Missouri this November for Native American Heritage Month." I we choose to do so, we will be the honorary color guard for the American Indian Student Association's Native American Heritage Month Pow-Wow as well as serve on the pow-wow's head staff."

The membership agrees to take part in this event.

Officer Vanderburg states, "We have been requested by the Governor Scott Miller to post the colors at the upcoming General Council meeting, Saturday, April 4th."

The membership agrees to take part in this event.

SPECIAL COMMITTEE REPORTS/SPECIAL SPEAKER:

Open Floor:

UNFINISHED BUSNESS:

All unfinished business was discussed during the officers' reports.

NEW BUSINESS:

All new business was discussed during the officers' reports.

GOOD OF THE ORDER:

No good of the order given.

SPECIAL ANNOUNCEMENTS (next meeting, etc.):

- The next membership meeting will be Wednesday, April 8, 2009 at The Absentee Shawnee Tribal Complex, Title 6 Building (Building #9) 2025 South Gordon Cooper Drive, Shawnee, OK 74801. The meeting will begin at 7 p.m.
- · The AST Veterans Department office is located at the Tribal Complex, in The Governor's building (Building #2), 2025 South Gordon Cooper Drive, Shawnee, in office #103. BENEDICTION:

The benediction was led by Chaplain Schulenberg.

ADJOURNMENT (2020):

The meeting was adjourned by benediction.

VETERAN'S ASSOCIATION MEETING

Wednesday, May 13, 2009 7:00 p.m. **Location - Thunderbird Casino**

John Vanderburg, Coordinator of Veteran's Affairs Located in Bldg 2 (405) 275-4030 ext. 205



The AST Veterans Association is collecting books, magazines, and reading materials. They will be taking the donations to area state veteran centers. Your donations will be greatly appreciated and you may take

them to the office of John Vanderburg, 2025 S. Gordon Cooper Drive, Building 2, Room 103 in Shawnee.

For more infomation contact: John Vanderburg AST Veterans Association Administrations Officer 405-275-4030 Ext. 205



ABSENTEE SHAWNEE TRIBE OF OKLAHOMA **Current Job Openings:**

Current Open Positions http://www.astribe.com/Employment.html (Job descriptions will be available online)

- · Coordinator Tribal Youth Program Family Services
- Supreme Court Tribal Judge
- Procurement Clerk
- Teacher Building Blocks (Daycare)
- Case Manager, Registered Nurse (Health Program)
- Tribal Health Director of Strategic Planning (Health Program)
- Dental Assistant /Office Coordinator (Health Program)
- Indian Child Welfare Director (Family Services)
- · Driver/Kitchen Assistant (Title VI)

www.astribe.com

Absentee Shawnee Tribe of Oklahoma

2025 S. Gordon Cooper Dr. Shawnee, OK 74801 Phone: 405-214-4235 Fax: 405-878-4701



Office of Environmental Health & Engineering



Are You an OG&E Customer?

Absentee Shawnee Tribe of Oklahoma

Household	Max Monthly
<u>Size</u>	<u>Income</u>
1	\$1,301
2	\$1,751
3	\$2,201
4	\$2,651
5	\$3,101
6	\$3,551
7	\$4,001
8	\$4,451

Our office has teamed up with OG&E to assist tribal members in weatherizing their home which includes insulation, storm doors, windows, etc. To qualify, you must be an enrolled Absentee Shawnee Tribal member, be a customer of OG&E, live within our tri-county area (Pottawatomie, Cleveland, and Oklahoma Counties) and be below our Gross Maximum Monthly Income Level.

Please call our office if you think you may qualify for this program.

What you need to do:

- Complete Application
- Bring AST enrollment card
- Bring current OG&E bill
- Bring most recent 2 pay stubs

STERVICES AWAILABLE TO YOU



Little Axe Clinic • Dental Hrts Clinic 15702 E. Hwy 9

Norman, Oklahoma 73026 Phone: (405) 447-0300 Fax: (405) 447-2250

Clinic Operating Hours

Monday thru Friday Weekends/Federal Holidays 8:00 a.m. - 5:00 p.m. Closed

* Clinic and Pharmacy will be closed the 3rd Wednesday of each month from 1:00 p.m. to 5:00 p.m





CHILD DEVELOPMENT CENTER AN ABSENTEE SHAWNEE ENTERPRISE

4000 N. KICKAPOO SHAWNEE, OKLAHOMA 74804 (405) 878-0633

Accepting children between 6 weeks to 12 years of age.

DHS Licensed • 2 Star Facility

The A.S.T. Child Care Subsidy program is now serving ALL Native American families who qualify within the C.C.D.F. guidelines with the Child Care Certificate program. If you know families in need of assistance, please refer them to us. If you are unsure if you Januaryqualify, please call me at (405)878-0633. I look forward to helping families receive quality care for their children!

ABSENTEE SHAWNEE HOUSING AUTHORITY 107 N. KIMBERLY ~ SHAWNEE, OK 74801 405.273.1050 ~ FAX 405.275.0678



Available Housing Programs:

- Mutual Help/Homeownership
- Low Rent
- Homeowner/Homebuyer Maintenance Program
- · Down Payment Assistancce

Call or come by the Absentee Shawnee Housing Authority offices for an application or more information about our current programs.

Priority is given to Absentee Shawnee Tribal members.

Shawnee Clinic 2029 S. Gordon Cooper Dr. Shawnee, Oklahoma 74801 Phone: (405) 878-5850 Fax: (405) 214-4227



Clinic Operating Hours Monday thru Friday 8:00 a.m. - 5:00 p.m. Weekends/Federal Holidays Closed

Medical and Behavioral Health Services available to all AST tribal members, SoonerCare (Medicaid) recipients and AST tribal employees.

PHARMACY NEWS

ABSENTEE SHAWNEE TRIBAL PHARMACY SHAWNEE, OKLAHOMA

The Absentee Shawnee Tribal Pharmacy (Shawnee Location) can fill prescriptions for enrolled tribal citizens

The Absentee Shawnee Tribal Clinic Pharmacy in Little Axe can fill prescriptions for tribal citizens written by Physicians not located a Tribal Clinic under the following circumstances:

- 1. The prescription is for an Absentee Shawnee Tribal citizen who has an established chart at the Little Axe Clinic.
- 2. The prescription is on the formulary of approved medications and stocked in the pharmacy.

The following are a few tips to help us deliver pharmacy services to you more efficiently:

- Present insurance cards each time you pick up or drop off a prescription.
- Keep us informed of all changes in address, phone number and other contact information.
- Let the Pharmacy staff know if the prescription is going to be picked up or needs to be
- If you have any questions concerning your prescription please feel free to call and talk to our Pharmacist. They are here to assist you with your pharmaceutical needs.

Don't let high *electricity* cost keep you family in the *heat* this summer.

Let us help...



Now taking applications for L.I.H.E.AP.- COOLING cost. and

Tribal Energy Asssistance Program

All applicants must meet eligibiliy requirements and criteria, which is approved by the Absentee Shawnee Tribe.

Department of Social Services (405) 878-4723 or (405) 275-1468 Annette Wilson, Social Services

OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING

> TRIBAL HOUSING IMPROVEMENTS PROGRAM

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the following criteria, which is approved by the Absentee Shawnee Tribe. Submit completed application to the above address.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

OTHER PROGRAMS AVAILABLE

> SANITATION FACILITIES ASSISTANCE PROGRAM

All applications must be updated once a year

HOMES UNDER THE MANAGEMENT OF ANY HOUSING AUTHORITY AND HAVE NOT BEEN PAID OFF DO NOT QUALIFY FOR ASSISTANCE

All application need to be completed and all necessary documents attached before the application will be processed. Applications are available online on the website www.astribe.com.

Submit completed application to:

Office of Environment Health & Engineering 2025 S. Gordon Cooper Dr. Shawnee, Ok 74801 405-214-4235

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

- Academic (K-12) Program: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awardstwo(2) incentives: one for GED recipients and one for High School graduates
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university.
- Graduate Scholarship Program: funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com



AST/EOC Tech contract courses still available:

The Absentee Shawnee Tribe has an agreement with Eastern Oklahoma County Technology Center to offer courses for tribal members and employees. More information is available on the tribe's website at www.astribe. com, click on the link Adult Career Development. No online courses are covered in the contract. All courses are campus-based courses only. A catalog of spring 2009 courses can be found at www.eoctech.org. The contract covers tuition and books, additional supplies required for the courses are the responsibility of the tribal member. Eligible courses are short-term courses, no full-time programs. This contract covers up to \$6,000.00 worth of tuition and books for tribal members, once this amount is depleted the agreement ends.

For tribal members interested in taking a course, the application is available for download or a copy can be picked up at the Education Department. Tribal members need to make an appointment to meet with the Education Director, Tresha Spoon, to complete the application process. Please bring your completed application and a copy of your tribal enrollment card.







AST concerned about Swine flu outbreak - Symptoms and Helpful hints

ABSENTEE TRIBAL HEALTH PROGRAMS

 Wash your hands often with soap and water – this is the best way to protect

you from germs.

- Elders, children and those with chronic conditions like diabetes or asthma may be at higher risk and should be current on all immunizations including shots to prevent pneumonia.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too. Avoid shaking hands with others during flu and cold season.
- Stay home from work, school, and errands when you are sick. This will help prevent others from catching your illness. Avoid crowds and large gatherings during flu and cold season.
- Cover your mouth and nose with a tissue when coughing or sneezing. Remember to properly dispose of your used tissues. If no tissue is available, cough or sneeze into your elbow to prevent the spread of germs.
- Don't smoke or if you do, consider quitting you will be healthier and better able to resist illness.

SANITIZING COMMON AREAS:

One of the most important steps in reducing the spread of infectious diseases is cleaning and sanitizing of surfaces. Routine cleaning with bleach and water or disinfectant sprays are the most useful method for removing germs from surfaces.

BLEACH WATER MIXTURE:

1/4 cup bleach + 1 gallon of cool water OR

1 tablespoon bleach + 1 quart of cool water

A solution of bleach and water loses its strength and is weakened by heat and sunlight. Just keep in mind bleach will degrade after about 24 hours, so if you're going to keep a bottle around you need to change it out. Light can actually cause the solution to lose its effectiveness.

Spray the surfaces you want to disinfect with the fresh bleachwater mixture, let it sit for two minutes, and then dry the surfaces with clean paper towels. You can use bleach-water solution on tables, chairs, sinks, plastic toys, counter tops, changing tables, trash cans, and toilets.

SWINE FLU - H1N1

Swine Flu is a type of virus pigs can get, people do not normally get swine flu, but human infections can and do happen. Swine flu is contagious and can spread human to human. Symptoms of the flu include: runny nose, chills, fatigue, coughing, and fever.

Tribal Health programs are working with the local state and federal organizations to ensure our programs are kept up to date regarding its spread.

Oklahoma Swine Flu Toll-free Hotline: 1-866-278-7134

Swine Flu Web Sites: www.health.ok.go www.cdc.gov/swineflu



We support all the women and men in the military, who are serving our country

2009 TRIBAL PHONE NUMBERS